

# APPRENTICE OF THE HEART

## Lessons in Life Only Love Can Teach

by GUY FINLEY

The search for enlightenment, fulfillment, happiness, even success — it is all inspired by one driving need: the longing for love. The most potent motivator of all is the longing for Divine Love, for this is the source of all other loves.

In *Apprentice of the Heart*, Guy Finley takes us along on his own journey to Divine Love. He begins by explaining the essence of love, in all its many forms. Then, in melodic prose punctuated by soaring poetry, he offers a spiritual seeker's journal, prepared during a critical period in the awakening process. This revealing work conveys, like no other, the yearning, the passion, the disappointment, and the moments of sweet fulfillment met by every traveler along this higher path.

In the valuable final chapter, the author takes a practical turn and explains how all of us, regardless of what we wish to pursue in life, can find the love that enriches each moment and insures the ultimate attainment of one's true desire.

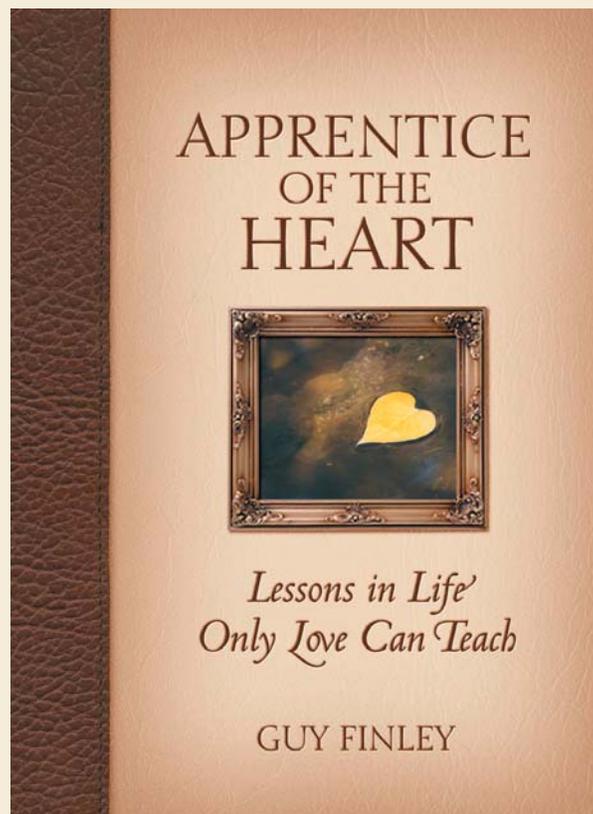
### Praise for *Apprentice of the Heart*

"His love and his passion give wings to his words, and the reader is lifted up to a whole new realm - a rarified region of the soul . . . a very beautiful piece of work and will no doubt be read for many generations to come."

**Joseph Polansky, *Diamond Fire Magazine***

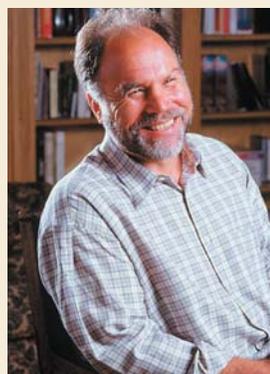
"*Apprentice* is a landmark in the spiritual literature that can be enjoyed on many levels. This unusual book is likely to become a classic on the order of *The Prophet* or the works of the poet Rumi, both for its literary quality and its inspiring message."

**Dr. Ellen Dickstein**



**Original Trade Paperback**

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**ABOUT THE AUTHOR**  
GUY FINLEY encouraging and accessible message is one of the true bright lights in our world today. His ideas cut straight to the heart of our most pressing personal and social issues — relationships, fear, addiction, stress/ anxiety, peace, happiness, freedom — and lead the way to a higher life. Guy is the

author of over 25 books and audio albums that have sold over a million copies in 12 languages worldwide. In addition, he has presented over 1,000 unique self-realization seminars to thousands of grateful students throughout North America and Europe over the past 20 years. Guy has been a guest on hundreds television and radio shows including national appearances on ABC, NBC, CBS, CNN, NPR, Wisdom Network, and many others.

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*White Cloud Press*



**WORLDS OF FAITH, WORLDS OF EXPERIENCE**

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## **Review by Joseph Polansky, Diamond Fire Magazine**

APPRENTICE OF THE HEART: LESSONS IN LIFE ONLY LOVE CAN TEACH by Guy Finley. White Cloud Press, PO Box 3400, Ashland, OR 97520. Tel. 541-488-6415. Fax. 541-482-7708. [www.whitecloudpress.com](http://www.whitecloudpress.com). Trade Paper. 150 Pages. \$14.95.

It has been said that there are only two commandments in life, "to love God with all your heart and might and your neighbor as yourself." Note the order here. First we are to love God, then to we are to love our neighbor. Without the first, the second is impossible. With the first, we are able to perform the second in a proper way.

Here we have a prose-poem of a person's experience with the first and primal commandment. And as the reader will see, this is not as easy as it sounds. The heart must be purified of all of its idolatries. Finally, the heart must even transcend itself - it can no longer be "I and Thou," but only one self. It must become what it has always been. The main blockage to the love affair with spirit (and with other people) is the mortal, separated, self.

The book is a long love letter to the Divine. So passionate is it, that it often seems that he is writing to and about a member of the opposite sex. Never does he say "outright" that it is the Divine that he is writing to - but the reader infers this as he goes along.

As he makes clear, it is not intellectual or mental knowledge that he is after, but heart knowledge. It is the "feeling" of the Divine Presence in the heart that he wants. So even though he knows with "his head" that the Divine is present, when the feeling is absent, he vents his agony. When the feeling comes to him - often unexpectedly - he is full of joy and fulfillment. He is, in short, searching for the Holy Grail - the Divine Feeling.

This work is in the genre of SONG OF SONGS (without the eroticism), the poems of Rumi and the writings of Gibran. This is heart writing - very different in tone and quality - from his other very excellent works. You will not find long expositions on spiritual law or esoteric studies. It is just the heart pouring out its feelings, very poetically, to its lover. This is, in fact, meditation of the highest order - though he doesn't present it that way. When we love, our attention/interest is riveted on the beloved - our thoughts and feelings are always with the beloved - and isn't this what meditation is all about? When we love, we don't need pretzel-like asanas (though we will adopt them if required) or long complicated mantra formulas or prayer formulas or special diets - for we are already in the "right posture" with the object of love. Without the development of a "passion for God" it is doubtful whether any meditator will succeed. He or she will lack the "juice" - the "oil in the lamps" - to overcome the formidable obstacles that will arise.

His love and his passion give wings to his words, and the reader is lifted up to a whole new realm - a rarified region of the soul.

The astrologer in me can't help commenting on the inexplicable "comings and goings" of the Divine Presence which he so beautifully chronicles. The planetary transits of a given time play a huge role in this. It is not that they "bring the Presence" or "cause the Presence to depart." The Presence is always there, but they affect our ability (on the mortal psychological level) to experience and feel it. These "comings and goings" could be mathematically calculated. And knowledge of this might have comforted him during the down times - assuaged his disappointments. This is why "head knowledge" is so important on the path. "Truth is the poetry of the Mind." It stabilizes the heart. For, when we KNOW something scientifically, we are unperturbed by the vagaries of mood and emotion. The apparent "absence of the Presence" is understood to be another one of the "activities of the Presence."

All in all this a very beautiful piece of work and will no doubt be read for many generations to come.

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From the Desk of Dr. Ellen B. Dickstein

**Guy Finley's Apprentice of the Heart Follows a  
Personal Journey to Divine Love**

APPRENTICE OF THE HEART: LESSONS IN LIFE ONLY LOVE CAN TEACH by Guy Finley. White Cloud Press, PO Box 3400, Ashland, OR 97520. Tel. 800-380-8286. [www.whitecloudpress.com](http://www.whitecloudpress.com). Trade Paper. 150 Pages. \$14.95.

Best-selling self-development author Guy Finley has written numerous books that guide the reader along the spiritual path. But Finley's newest book, *Apprentice of the Heart*, actually takes the reader along with the author on a significant part of his own journey toward self-realization.

This compelling volume of lyric prose, graced throughout with transcendent poetry, is a spiritual seeker's journal during a critical period in the awakening process. Any sincere student of the higher life will recognize the times of dryness alternating with times of sweet fulfillment that are the hallmark of this sometimes frustrating but always beguiling process. Rarely has this struggle been presented so clearly and movingly as it is in *Apprentice*. The language is beautiful — almost musical — and it carries the reader through previously uncharted realms of spirit and emotion. The reader is illuminated concerning what it is to seek one's "missing heart," and is emboldened to pursue the search.

Finley presents the inner journey as a quest for Divine Love, and the book is made up of love letters to Love herself. We all know what it is to long for our beloved, and Finley makes it clear that our desire for the Higher must be of equal intensity. By writing of the longing for Truth with such ardor, Finley makes us realize that our love of the Divine is only requited when we ourselves give it recklessly. The reader who realizes the need to desire Truth as strongly as the author does, feels catapulted to the next level of the search.

*Apprentice* has a practical side to it as well. Finley expands his discussion of Divine Love to encompass all forms of love, and he explains how individuals can enrich their lives with love by opening themselves to the object or occupation of their choice, and then allowing that love to be expressed through them.

*Apprentice* is a landmark in the spiritual literature that can be enjoyed on many levels. This unusual book is likely to become a classic on the order of *The Prophet* or the works of the poet Rumi, both for its literary quality and its inspiring message.

Finley has written more than 24 books and tape albums that have been translated into 12 languages and have helped men and women around the world. Barnes & Noble says, "Guy Finley has helped millions live fuller, more peaceable lives."

*Apprentice of the Heart* is available at major bookstores, or at [www.guyfinley.com](http://www.guyfinley.com).

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### **About the Author**

Guy Finley's encouraging and accessible message is one of the true bright lights in our world today. His ideas cut straight to the heart of our most pressing personal and social issues – relationships, fear, addiction, stress/anxiety, peace, happiness, freedom – and lead the way to a higher life.

Guy is the best-selling author of *The Secret of Letting Go* and more than 25 other books and audio albums that have sold over a million copies in 15 languages worldwide. In addition, he has presented over 1,000 unique self-realization seminars to thousands of grateful students throughout North America and Europe over the past 20 years. Guy can be seen nationally every week on his Wisdom Channel television series "Wisdom's Way with Guy Finley."

Guy has been a guest on over 400 television and radio shows, including national appearances on ABC, NBC, CBS, CNN, NPR, and many others. His work is widely endorsed by doctors, business professionals, celebrities, and religious leaders of all denominations.

Guy's career reached this point through a circuitous path. Born into a successful show business family, he is the son of Late-Night TV and radio pioneer Larry Finley. His childhood friends were the sons and daughters of the most famous celebrities in the world. As a young man Guy enjoyed success in a number of areas including composing award-winning music for many popular recording artists including *Diana Ross*, *Debbie Boone*, *The Jackson 5*, *Billy Preston*, *The Four Seasons*, as well as writing the scores for several motion pictures and TV shows. From 1970-1979 he wrote and recorded his own albums under the Motown and RCA recording labels.

Throughout his youth, Guy suspected there was more to life than the type of worldly success that led to the emptiness and frustration he saw among his own "successful" friends and colleagues. In 1979, after travels throughout North America, India and the Far East in search of truth and Higher Wisdom, Guy voluntarily retired from his flourishing music career in order to simplify his life and to concentrate on deeper self-studies.

In addition to his writing and appearance schedule, Guy presents four inner-life classes each week at his non-profit Life of Learning Foundation headquarters in Merlin, Oregon. These classes are ongoing and open to the public. For more information about Guy Finley, and his life-changing work, visit [www.guyfinley.com](http://www.guyfinley.com).

*"Guy Finley is...one of the leading experts at the forefront of human potential."*

-Nightingale Conant

*"Guy Finley has helped millions live fuller, more peaceable lives."*

-Barnes and Noble



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**FOR IMMEDIATE RELEASE**

**April 23, 2004**

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**WISDOM TELEVISION DEBUTS NEW SERIES,  
“WISDOM’S WAY WITH GUY FINLEY”**

**Best-selling author and speaker Guy Finley hosts program on WISDOM Television**

**Bluefield, WV** – WISDOM Media Group, a company that devotes itself to providing programming content relating to mind, body, spirit, and earth, announces the premiere of a new series, “Wisdom’s Way with Guy Finley,” on Sunday, May 16<sup>th</sup> at 10 am and 4pm ET on WISDOM Television.

Guy is the author of over 25 books and audio albums that have sold over a million copies in 12 languages worldwide. In addition, he has presented over 1,000 unique self-realization seminars to thousands of grateful students throughout North America and Europe over the past 20 years. Finley also hosts “Letting Go with Guy Finley,” a weekly radio program on WISDOM Radio every Sunday at 5 & 11 AM and 5 & 11PM Eastern.

“Wisdom’s Way with Guy Finley” features Finley and Dr. Ellen Dickstein in a casual “fireside chat” setting, as they explore an array of inner-life topics including the Power of the Present Moment, freedom from stress, improving relationships, breaking through fears, and attracting success. “Wisdom’s Way” is shot live and on location at Finley’s Life of Learning Foundation in Merlin, Oregon.

“We are excited to be able to bring Guy Finley’s knowledge and energy to WISDOM Television,” said Linda Rachel, Director of Programming & Production for WISDOM Television. “Guy is one of the leading experts in human potential and his ideas cut straight to the heart of our most pressing personal and social issues.”

**About WISDOM**

WISDOM Media Group ([www.wisdommedia.com](http://www.wisdommedia.com)), is a multi-faceted media company committed to being an ethical and reliable source for information and programming content relating to mind, body, spirit and earth. WISDOM Media Group is comprised of WISDOM® Television, 24/7 television network available nationwide on cable and DISH Network ([www.wisdomtv.com](http://www.wisdomtv.com)), WISDOM® Radio ([www.wisdomradio.com](http://www.wisdomradio.com)), an audio network via SIRIUS Satellite Radio as well as additional listeners via the World Wide Web; and WISDOM® Internet, which supports the television and radio networks and also features an online store ([www.wisdomstore.com](http://www.wisdomstore.com)) with products and exclusive merchandise available for purchase. WISDOM Media Group is located in Bluefield, West Virginia.

# # #

## WHAT THE PROFESSIONALS ARE SAYING ABOUT AUTHOR GUY FINLEY

**Thousands of people from all walks of life are putting Guy Finley's powerful message of self-liberation to work for themselves. Here's just a sampling of their comments:**

"Guy Finley has achieved what may very well prove to be the quintessential work in the field of self-help, an important, don't-be-without, navigational guide through the personal universe of internal conflict. In his inspired manual, Guy's gift of insight shows us a simple and natural way to let go of our unnecessary suffering.... (something a \$200 an hour Beverly Hills shrink would be hard pressed to do!)"

- **Tony Martin, Jr., Composer-Producer**

"Guy and I connected once again for a very powerful hour of radio. I always get a lift when we talk and the listeners obviously do as well. I have dubbed him, 'The resident philosopher' of the program. I look forward to speaking with him again in the future!"

- **Jordan Rich of "The Jordan Rich Show," WBZ-AM Boston**

"Guy Finley's books are essential for positive living and achieving your maximum potential."

- **Suzanne Somers, Actress/Author**

"My Listener response was tremendous, and Guy's ability to explain difficult concepts with easy-to-grasp practical examples make him one of the truly important voices of our times."

- **KABC, Los Angeles, CA**

"The hour I spent with Guy Finley was inspiring. Bravo! He changed many lives that night. Fantastic job! He'll be with us again and again."

- **WARA, Attleboro, MA**

"Thank you so much for the terrific interview. After the show aired, more listeners called to get the address. You are incredible!"

- **WEZC, Charlotte, NC**

"Meet best-selling author Guy Finley. His books... have been described as navigational guides through the personal universe of self-conflict. He has helped millions live fuller more peaceable lives."

- **Barnes & Noble Booksellers**

"If there is ever a Noble Peace Prize awarded for outstanding work in the field of 'Self-Freedom,' Guy Finley will head the short list of nominees."

- **Dr. William Colson, Past President, Church of Religious Science**

"Guy Finley doesn't just talk about self-freedom...but leads you through the doors of yourself into a Higher World within yourself where you discover you are already free!"

- **Alan Corbeth, Executive Producer, Coast to Coast with Art Bell**

"Our audience loved the insight of Guy Finley and responded with numerous live telephone calls."

- **WJCW, Johnson City, TN**

"Guy Finley's appearance on WBEN's *Newsday* generated many calls. It's obvious listeners are looking for this information."

- **WBEN, Buffalo, NY**

"A world-renowned expert at the forefront of human potential."

- **Nightingale-Conant, World's Largest Producer of Motivational Books-On-Tape**

## OVER A DECADE OF MEDIA EXPERIENCE

**Hundreds of Appearances on Local National Radio/TV Programs Across America**

Wisdom Channel PBS	Sally Jesse Raphael David Essel Alive	Coast-to-Coast AM with Art Bell Talk Radio Network – Myrna Ochs Show	Entertainment Tonight USA Today
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### Radio Talk Show Appearances

KOA – Denver, CO	WGR – Buffalo, NY	KMBC – Kansas City, MO	KABC – Los Angeles, CA	WAAM – Detroit, MI
KIDO – Boise, ID	WTNY – Watertown, NY	WVON – Chicago, IL	WRC – Silver Spring, MD	KMPC – LA, CA
WHIO – Dayton, OH	KDWN – Las Vegas, NV	WWKB – Buffalo, NY	WJON – St. Cloud, MN	WDZ – Decatur, IL
WLLH – Boston, MA	WWJ – Southfield, MI	KNST – Tucson, AZ	WTAX – Springfield, IL	WKEM – Dover, DE
WOKQ – Dover, NH	WCRM – Chicago, IL	WMHK – Columbia, SC	WICC – Bridgeport, CT	WBZ – Boston, MA
WERE – Cleveland, OH	WTOY – Madison, WI	WJCW – Johnson City, TN	WKBN – Youngstown, OH	KLOS – LA, CA
KFAX – Fremont, CA	WCEV – Chicago, IL	KDAL – Duluth, MN	KWAB – Boulder, CO	WLEA – Hornell, NY
WDLX – Greenville, SC	KOHO – Honolulu, HI	WJFK – Baltimore, MD	KSDO – San Diego, CA	KVEL – Vernal, UT
KTRY – Monroe, LA	WBUT – Pittsburgh, PA	KGAM – Palm Springs, CA	KSOO – Sioux Falls, SD	KVET – Austin, TX
WRVA – Richmond, VA	WAVG – Louisville, KY	WAPI – Birmingham, AL	KIEV – Pasadena, CA	WRRO – Warren, OH
WBKV – West Bend, IL	WNOX – Knoxville, TN	WNCI – Columbus, OH	WFBG – Altoona, PA	KPFK – LA, CA

## ***About *Apprentice of the Heart: Lessons in Life Only Love Can Teach* by Guy Finley***

Remember a time when you were deeply in love.

You were one of the luckiest people in the world. Not even the rich or famous had a better life than you.

Happiness and fulfillment ruled your inner world. No amount of stress or bad news could penetrate the perfect feeling of contentment you carried in every moment of every day. It was as if heaven existed right here on the surface of the Earth — literally.

That same love also focused your attention onto a single object: your beloved. You hung on every word he or she said. You noticed every expression, how they spoke, how they ate, what they enjoyed. You became unconditionally selfless, compassionate, and kind. And the only thing you cared about is that your beloved loved you in return.

Think about how remarkable that is: The love you had found was more desirable than anything else. It incorporated and focused every positive state you can imagine into one exalted feeling. Joy, energy, peace, compassion, kindness, wholeness and the present moment all lived together simultaneously!

When looking at it like this, it is easy to see why Love is the most powerful force in the universe. It is the embodiment all things good, while simultaneously and effortlessly dismissing all things bad.

Love changes negativity into understanding. It melts anger and cancels resentment. It is the fuel of Success and gatekeeper to Greatness. Love is no less than the key to finding and fulfilling our purpose in life!

But Love seems to be ever the absent friend. Of course, there are extended periods of Love in our lives, especially with family, friends, and long standing relationships. But, that intoxicating, overwhelming, all-encompassing powerful Love visits only rarely and briefly at best.

Where is this exalted Love when we need her? Where is she during the boredom of the workday? Where is she in the middle of the fight with my husband or wife or daughter or friend? Where is love when one country declares war on another?

That is the question asked and answered by Guy Finley in *Apprentice of the Heart — Lessons in Life Only Love Can Teach*. Throughout the book, Guy illuminates the possibility of experiencing powerful, authentic Love not just during the fleeting weeks and months of a new relationship, but ALL THE TIME. He goes on to present specific techniques to transform this astonishing possibility into a reality.

This book has been in the making for over 12 years. It will help you to:

- First understand, and then unlock Love's timeless secrets
- Inspire and deepen intimate relationships
- Enrich everyday family life
- Shine the Light of Love into the boredom of the workday
- Understand the "right thing to do" in any situation
- Discover a love that never fades!

*Apprentice of the Heart* will help you to close the gap from where you presently live to where Peace, Fearlessness, Success, Happiness, Greatness, and authentic Love live within you.

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From Radio/TV Interview Report:

**The Apprentice ... American Idol ... Average Joe  
How Fulfilling Your Own Secret Desire Trumps Reality TV Every Time**

What makes shows like **The Apprentice, American Idol, Survivor**, et al so popular? Best-selling author **Guy Finley** says it's the voyeuristic and safe thrill we experience watching other people risk failure and humiliation while going for their dreams.

Finley, the acclaimed author of 24 books and audio albums on self- discovery, will encourage your audience to take the first small steps they need to begin living their own dreams.

Having been a guest on more than 500 radio and TV talk shows, Finley can discuss:

- Ways to fulfill your own secret desires.
- 5 steps for making yourself fearless.
- What most people misunderstand about failure.
- Why your happiness is not dependent on other people.
- The keys to mastering your own life.
- Why there is no excuse whatsoever for not pursuing what attracts you most in life — whether it is a career, a hobby or a passion.

**What the Media Says about Guy**

“My listener response was tremendous.” -- KABC, Los Angeles

“ ’twas another excellent interview and I received many compliments from listeners by e-mail after the show.”  
-- WBZ, Boston

“Guy Finley has helped millions of people live fuller, more peaceable lives.”  
-- Barnes & Noble

**CREDENTIALS:** Guy Finley's works have been published in 15 languages and are endorsed by doctors, professionals and religious leaders of all denominations. His latest book is *APPRENTICE OF THE HEART: Lessons in Life Only Love Can Teach*. Among his many guest appearances are stints on CNN, NPR, Coast to Coast, and Entertainment Tonight. Guy is the son of late night talk show pioneer Larry Finley and before Guy became an author he enjoyed a successful career writing music for recording artists, motion pictures and TV.

“It is a life-changing book whose timeless principles awaken in readers' hearts everything they need to know to succeed at fulfilling their dreams.”

-- Dr. Ellen Dickstein, author of *The Intimate Enemy*

**AVAILABILITY:** Nationwide by arrangement and via telephone

**CONTACT:** Guy Finley, (541) 479-4020 (OR); [guyfinley@guyfinley.com](mailto:guyfinley@guyfinley.com)



### Sample Interview Questions

#### *Apprentice of the Heart*

by Guy Finley

1. Why did you write this book and what do you want the reader to take away from it?
2. The subtitle of your book is "Lessons in Life Only Love Can Teach." What are these lessons and how does love educate us?
3. Most of us know someone who is either going through a mid-life crisis, or who have just come out of one. It seems there's a relationship between these personal upheavals and our longing for the vibrancy of love in our lives. Is this true?
4. What is it about love that is so undeniable, so compelling to us that we just can't seem to get enough of it in our lives?
5. Sometimes it feels as though -- even in the very best relationships -- our hearts just seem to go "dry" . . . like there's no life, no love left in them. What is this all about? Is there anything that we can do to refresh ourselves, to recapture the love we felt before?
6. You mention in *Apprentice of the Heart* that one of the great untapped powers of love is its ability to take us beyond our present limitations, whatever they are. Can you elaborate on this idea?
7. There are so many people these days that are searching for love but haven't found it yet. What is it that keeps a person from finding the love that he or she hopes for?
8. Is there a way to access this love you write about in the middle of our busy, everyday lives? Sometimes it's all some of us can do just to keep our head above water.
9. Near the end of your book you write something to the effect that not only are we all created to succeed in life, but that the whole universe is set up to help us do just that. Is any real evidence to back up this encouraging idea?
10. How does a person become an "Apprentice of the Heart?"



**Excerpt from Guy Finley's  
Apprentice of the Heart**

When we first fall in love with someone we hang on to every word he or she speaks. We don't miss a thing. We notice how they say what is said, the way they move and to what they are drawn; we note all the little things that please them, or that don't. *Nothing* escapes our attention. What is this great desire of ours that so drives us to want to delight the one we love? What the eye can't see, the heart alone perceives:

*According to our wish and willingness to give our love to another, there returns to us — in greater measure than given — the love we have given. It is, quite simply, the secret of the ages: Love rewards the lover.*

Isn't it true? The more we love someone, *the more love we come upon in our own being*; and the more we experience these elevated states in ourselves, the higher we long to go! But as we all know, visiting such heavens has proven itself perilous; for even while we hope that love will lift us up and into the highest regions of our heart, we also fear the invariable "fall" when love departs and drops us back into a world left twice as dark for her withdrawal.

So keen to us are these recurring cycles of love won and lost, and their sense of loss so unwanted, that when love does come calling again our desire *to possess that which we love* has become all the greater. In some instances this longing can be overwhelming, and past painful experience prods us on to find some way to "own" this new love of ours. But, even if this feat were possible, we already have good reason to suspect that merely *possessing* what we love is impossibly incomplete. For what else have we been gradually learning through our relationships of the heart other than this one fact: *we are held ever apart from what we love by the very fact that we would clutch it to our breast.*

In our gradual discovery of what love would have us learn, we are gently directed to consider another kind of relationship with love; now we no longer yearn to be its possessor, *but rather to be possessed by it.* And so emerges, like a newborn infant within us, our first true notion of the idea of a Divine Love. Our earlier inclination to abandon ourselves to Love now becomes our need, for in the light of Love's revelations we can see, for the first time, how our own hungering identity — once viewed as being essential to our experience of love — is secretly Love's only impediment....

\*\*\*

Never the End

*Come, and let me breathe you.  
Let me draw you in and push you out,  
Until you long to be drawn in once more.  
Let me remind you of the Life I am  
And of the Life that you may be.  
Let my silent sighing move your soul to breathe me deep.  
And if you'll remember my breath is yours,  
You'll never forget your life is my air.  
Come, let me breathe you myself and so  
Gently will we be our breath breathing.*

– Guy Finley



**Excerpt from Guy Finley's  
Apprentice of the Heart**

The beauty of Love is that She is *already* within everything; which means that there is nothing that we are drawn to know by Love's invitation that won't grant us *for our journey itself* the gift of a greater relationship with Love. Here are some ideas how to begin this journey of the Heart.

First, give your love to *something*. Do something with your love. Find something *you* love and then set out to make it your own. Never mind if you don't have any one love for any one thing in this life. Forget the whole idea of love for the moment and ask yourself: "To what am I drawn? What is it that interests me?" Whatever impressions you may feel from this sincere inquiry are the invisible magnetic impulses of a secret Heart, a pulse of Love that has been buried in you beneath layers — perhaps lifetimes — of misdirection. That is why you must take the next few instructions to heart.

Never mind if you are attracted to something but feel unable to start because you are afraid of failing in your quest. Be assured of this: Whatever it may be that you are drawn *to know* - whether it is to learn a new skill, grow a flower garden, develop an artistic skill, to help others, design clothes or cars, or set out towards a deeper interior life whose center is Love Herself — I tell you the only thing that matters is that you just start!

You can't know this yet, but it is Love that calls you to Her side for whatever is your eventual choosing, and it is Love within you that feels this drawing. So do you know what this means? Just consider: Love will not, *cannot* fail Herself. It is more likely the sun would fall from the sky than for Love not to begin to shine through your nascent efforts. Your first reward will be to feel the warmth of knowing you are nearing the beginning of a whole New Life.

Forget what others may think of you for your new aim to do your heart's desire. Disregard those whose reality is a rut! Misery wants company. Do Love's bidding instead. Persist with your working wish and Love will grant you the company of Herself. And as you gradually draw nearer to Her side you will know that nothing anyone thinks towards you could possibly add one cubit to your stature. Brush aside any concerns you have (for whatever the reasons) of being unable to make a "big" beginning. *Just start where you are and with what you have* — even if this means taking a step so small that not one person on earth notices you have just left one world and entered another. Any beginning that you will make for the sake of answering the call of your heart is the same as a beginning whose happy ending *already resides right within that same initial action*.

Don't be the least concerned if you can't seem to find the time — or the energy — to get going because of life's seemingly endless "duties" to family or friends. Drop these punishing (and false) ideas. Listen instead to this promise that Love makes to anyone willing to draw near enough to hear Her whisper Her secret:

Do what you must to *make time* and you will see that *the energy you need to succeed* will be *given to you*. Love lends her force to the entire universe, so don't you think that if you were to ask rightly for a bit of it — for Her sake — that She would give you the measure you need? Of course She will! All you need do is just make *some* time, *give* some moments to your intended journey. Even if all you can muster to get started with is two minutes a day, just place your attention on what you want to love, and it will love you back by giving you a bit of itself.

Persist with this new Work until you see — which you will *if* only you will stay the course — that the love you thought you had chosen was really Love choosing you. And when at last you realize that it has always been this way, then, *for you*, it will always be so . . . until the end of time.

How may you be assured that all of this is True?

It is Love that tells you so.



# Seven Lessons That Let More Love Into Your Life



By Guy Finley

Choose whom you will: all the great ones in this life reach the heights they have because they are guided to these lofty regions by Love herself. They are made into masters of their art because a love for their calling masters them. Embracing this truth can transform our lives.

Love does what we can't do as individuals, which is to dissolve the border that exists between ourselves and what we love. When we truly love something, we are completed by it, no longer needing, as before, to try and take something from it. We become what we love through that Love we have for it, and that's everything: to end the separation that exists between Love and ourselves.

The heart without the mastery of Love is unbridled. Dry and empty, coarse and crazy with thirst it runs. It hurts without knowing why, driven to consume without caring whatever it may in the hope of a momentary respite from its own relentless stirring. While the heart subdued by Love surrenders itself and becomes storehouse, pump-house, and storage line. It stands between perfect fullness and complete emptiness, filling and being filled by what has made it. Such hearts touch and are touched by the unimaginable miracle of Love and have no need for hope of tomorrow because each is the willing subject and domain of Forever.

Following are seven lessons that let more Love into your life. Welcome the light of their truth into your heart and watch how your heart begins to fill with a Living Light that is the essence of Love herself.

1. Look at what a man labors at and you know what he loves. Look at what a man loves and you know whom he serves. Look at what a man serves and you know his master. Look at a man's master and you know his destiny.
2. Who serves only himself in this life may be first to find a seat at the table, but he eats from a plate filled only with emptiness.
3. Each of us receives the rewards of our efforts, nothing more, nothing less. If we don't like the "coin" we are paid with, then we must learn how to make new efforts, and stop hoping in vain that we can continue to pursue the same ends in life and expect to end up different.
4. One of the chief reasons so many of us feel all alone and isolated so much of the time is because we spend so much of our time thinking only about ourselves.
5. It may be fairly said that one has only found his True Place in life -- a place undiminished by time, unassailable by tide -- when he knows this place resides in the very center of his heart and seeks it no place else.
6. Nothing created exists solely for the sake of itself, but is a living expression of the one Great Relationship that it alone fulfills and reveals.
7. In the end, the one who awakens to Real Life realizes that it isn't Love that he has found, but that it was Love that led him all along on his long journey Home.



Find more love lessons in Guy Finley's remarkable, transforming work, *Apprentice of the Heart: Lessons in Life Only Love Can Teach*. To order a copy of this 150-page book, visit [www.guyfinley.com](http://www.guyfinley.com)

Guy Finley is the best-selling author of more than 25 books and tape albums on self-realization. Barnes & Noble says, "Guy Finley has helped millions live fuller, more peaceable lives." For information call or write to Life of Learning Foundation, or visit [www.guyfinley.com](http://www.guyfinley.com) where you can also sign up to receive free helpful and encouraging weekly Key Lessons by e-mail.

