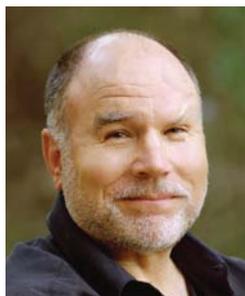


16 Hours on 16 CDs • ISBN 9781929320356



GUY FINLEY's encouraging and accessible message is one of the true bright lights in our world today. His ideas go straight to the heart of our most important personal and social issues – relationships, addiction, fear, stress/anxiety, peace, happiness, freedom – and lead the way to a higher life.

Finley is the author of *The Secret of Letting Go*, *The Essential Laws of Fearless Living*, and 36 other major works that have sold over a million copies in 18 languages worldwide. He has presented over 4,000 unique self-realization seminars to thousands of grateful students throughout North America and Europe over the past 25 years. Finley has been a guest on hundreds of television and radio shows including appearances on ABC, NBC, CBS, CNN, NPR, Wisdom Network, and others. He is Executive Director of nonprofit Life of Learning Foundation in Merlin, Oregon.

Press Inquiries

(541) 476-1200 • www.guyfinley.org

Guy Finley's Powerful New 16-CD Album Will Transform Lives!

*Step-by-step instructions to achieve a life
unlimited by any kind of fear!*

To be fearless is to be naturally bold, spontaneously creative, and immune to intimidation. It is to act wisely and decisively in any situation.

To be free is to live from one's own Fearless Heart, where fearlessness and freedom soar together.

When we discover this unshakable inner condition:

- **We can't be overcome by any challenge**
- **We know how to use every event to deepen our understanding and further the development of our soul**
- **We find within each moment all that we need to grow stronger, wiser, and ever more grateful for being alive**

In the 16 special talks of this life-liberating album, Guy Finley reveals all new Principles of Power to help individuals realize a peace and contentment that nothing can wreck. Here is the doorway to the secret source of fearlessness within, allowing listeners to begin to:

- **See the world through the inspired eyes of their True Self**
- **Build a bridge to happier human relationships**
- **Help create the light that makes the world a brighter place**
- **And above all, perfect their life**

Praise for Guy Finley

"There is something profoundly healing in the way Guy Finley talks to us, as if he understands what we have gone through and what we are now capable of."

— **Hugh Prather**, author of *Notes to Myself*

"Guy Finley's books helped to give my life direction and guided me to meaningful change. On a scale of one to ten, Guy's books are a 12+!"

— **Larry James**, author of *How to Really Love the One You're With*

"Guy Finley has helped millions live fuller, more peaceable lives."

— **Barnes & Noble**



GUY FINLEY

Best-selling Self-Realization Author

"The limit of your present view is not the limit of your possibilities."

- Best-selling author of *The Secret of Letting Go, Let Go and Live in the Now*, and over 35 other books and audio programs that have sold over a million copies in 18 languages worldwide
- Founder and Director of nonprofit Life of Learning Foundation, a Center for Self-Study located in Merlin, Oregon
- Latest releases: *The Essential Laws of Fearless Living* (Weiser Books, 2008); *365 Days to Let Go: Daily Insights to Change Your Life* (White Cloud, 2007)
- Host of "Letting Go with Guy Finley" syndicated on numerous international networks, including Healthy Life Radio, World Talk Radio, and Achieve Radio
- Finley's popular weekly email newsletter reaches 200,000 subscribers in 142 countries
- Guest on over 600 television and radio shows, including national appearances on ABC, NBC, CBS, NPR, and many others
- Has presented over 4,000 unique self-realization seminars to tens of thousands of attendees throughout North America and Europe over the past two decades, and continues to give more than 150 seminars each year
- First career: Motown songwriter composing award-winning music for recording artists, including Diana Ross, Debbie Boone, The Jackson 5, Billy Preston, The Four Seasons

"If you are seeking personal or spiritual fulfillment it doesn't get any better than Guy Finley's *Essential Laws of Fearless Living*. Read it. Internalize it and then enjoy it, this information has given me everything I have today."

— Bob Proctor, Author of *You Were Born Rich*, As seen in the movie *The Secret*

"There is something profoundly healing in the way Guy Finley talks to us, as if he understands what we have gone through and what we are now capable of:"

— Hugh Prather, author of *Notes to Myself*

"Guy Finley raises our thoughts to the higher octaves of harmony where we can transform our lives into clear and focused vessels of expression, creativity, and health."

— Don Campbell, author of *The Mozart Effect*

"In *Fearless Living*, Guy Finley brilliantly describes the most important key to the breakthrough life. Let go of all the negatives, and turn over the fears to God. What happens afterward is that we are free to follow our deepest intuitions with courage. A valuable, step by step book."

— James Redfield, author of *The Celestine Prophecy*

"Guy Finley's *Essential Laws of Fearless Living* is a masterwork of eternal value. If you purchase only one book by Guy Finley, let this be the one...it will transform your life!"

— Sara Robinson, author of *Refuge*

"Wise, insightful, full of wisdom. This book can soothe the soul and allow healing into a hurting heart. Powerful!"

— Daniel Amen, MD, author of *Change Your Brain, Change Your Life*

"Guy Finley's books helped to give my life direction and guided me to meaningful change. On a scale of one to ten, Guy's books are a 12+!"

— Larry James, author of *How to Really Love the One You're With*

"Guy Finley is a world-renowned expert at the forefront of human potential."

— Nightingale-Conant Corporation

"Guy Finley has helped millions live fuller, more peaceable lives."

— Barnes & Noble

To schedule an interview with Guy Finley or request content for publication, contact Barbara Norby (barbara.norby@guyfinley.org, 541-476-1200). For more information about Guy Finley and Life of Learning Foundation visit guyfinley.org or call 541-476-1200.



Guy Finley Quotes

It only seems that there is something more important for you to do than to just quietly be yourself.

All things good come to those for whom the Good is all things.

Being fully present is the best guarantee for a bright future.

The limit of your present understanding is not the limit of your possibilities.

The strength of any weakness within us is the degree to which it is feared.

To know that every moment — regardless of how it comes wrapped — is a gift greater than you can give yourself, is to be well on your way to a life without fear.

The more time we spend considering the shortcomings of others, the smaller a person we become.

Real change isn't found in some new way to think about yourself, but in freedom from the need to think about yourself at all.

An unattended mind is the breeding ground of self-defeat.

From daisies in a field, to suns ablaze in distant galaxies: everything is always flowering. To sense this truth is an act of grace; to know it's true is divine.

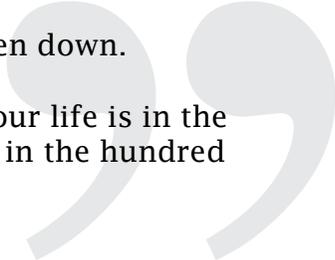
The Peace you long for also longs for you.

Never speak out of anger,
Never act out of fear,
Never choose from impatience,
But wait . . . and peace will appear.

The past is as powerless to darken the present moment as is a shadow to reach up and drag down the form that casts it.

No one rises above who he or she has been without first having fallen down.

The best time — in fact, the only time — to make a real change in your life is in the moment of seeing the need for it. He who hesitates always gets lost in the hundred reasons why tomorrow is a better day to get started!



MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org

Guy Finley Extended Biography

Best-selling “Letting Go” author Guy Finley’s encouraging and accessible message is one of the true bright lights in our world today. His ideas cut straight to the heart of our most important personal and social issues - relationships, success, addiction, stress, peace, happiness, freedom - and lead the way to a higher life.

Finley is the acclaimed author of *The Secret of Letting Go* and more than 35 other books and audio programs that have sold over a million copies in 18 languages worldwide. In addition, he has presented over 4,000 unique self-realization seminars to thousands of grateful students throughout North America and Europe over the past 25 years and has been a guest on over 600 television and radio shows, including national appearances on ABC, NBC, CBS, CNN, NPR, Wisdom Network, and many others. He is a faculty member at the Omega Institute, is featured in the new hit film *Beyond the Law of Attraction*, and was the Key Note Speaker at this year’s 10th International Conference of Science and Consciousness.

Finley is Director of Life of Learning Foundation, the renowned non-profit Center for Self-Study in Merlin, Oregon, and over 200,000 people in 142 countries read his popular “Key Lesson” emails each week. His work is widely endorsed by doctors, business professionals, celebrities, and religious leaders of all denominations.

Guy’s career reached this point through a circuitous path. Born into a successful show business family, he is the son of late-night TV and radio pioneer, Larry Finley. His childhood friends were the sons and daughters of the most famous celebrities in the world. As a young man, Guy enjoyed success in a number of areas including composing award-winning music for many popular recording artists including Diana Ross, The Jackson 5, Billy Preston, and The Four Seasons, as well as writing the scores for several motion pictures and TV shows. From 1970-1979 he wrote and recorded his own albums under the Motown and RCA recording labels.

Throughout his youth, Guy suspected there was more to life than the type of worldly success that led to the emptiness and frustration he saw among his own “successful” friends and colleagues. In 1979, after travels throughout North America, India, and the Far East in search of truth and higher wisdom, Guy voluntarily retired from his flourishing music career in order to simplify his life and to concentrate on deeper self-studies.

In addition to his writing and appearance schedule, Guy presents four inner-life classes each week at Life of Learning Foundation headquarters in Merlin, Oregon. These classes are ongoing and open to the public. For more information about Guy Finley and his life-changing work, visit guyfinley.org.

“Guy Finley is...one of the leading experts at the forefront of human potential.”
-Nightingale Conant

“Guy Finley has helped millions live fuller, more peaceable lives.”
-Barnes and Noble

MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org

WHAT THE PROFESSIONALS ARE SAYING ABOUT AUTHOR GUY FINLEY

Professionals from around the country are realizing the power of Guy Finley's life-changing message of self-liberation. Here's a sampling of their comments:

"Guy Finley's cutting edge work in *Fearless Living* takes us beyond illusion and taps into the pathway of 'Unbridled Living.' A must read for all!" — Michael Dresser, host of the Nationally syndicated *Michael Dresser Show*

"I have known and interviewed many who offer insight into human development. No one does it with the kind of grace, intelligence and love as my friend Guy Finley. This book is his latest gift to all people seeking to overcome fear and live more fulfilling lives. Guy is an extraordinary person who reminds us just how special we are." — Jordan Rich of *The Jordan Rich Show*, WBZ Boston

"The works of Guy Finley demonstrate a far greater purpose for you and me and the human race than simply making ourselves comfortable; they challenge, provoke and finally compel us to get to the real Heart of the matter: A place where the True Comfort of Reality exists." — Scott Cluthe, Executive Producer and Host of *Positively Incorrect!*

"Guy Finley's visionary wisdom in "The Essential Laws of Fearless Living" speaks to the deep places within us. Read slowly. Absorb every word. This work redefines limitless living. Gems of Truth are awaiting your discovery." — Larry James, author of *How to Really Love the One You're With*

"In *The Essential Laws of Fearless Living*, Guy Finley has compiled compelling, insightful messages that invite us to let go of fear, and rejoin Love. Thank you for leading the way, Guy!" — Ilene L. Dillon, M.S.W., Host of *Full Power Living*

"In his own inimitable and inspiring way, Guy Finley reminds us of the power we possess within. Whatever you may be wrestling with in daily life, *The Essential Laws of Fearless Living*, provides the wisdom to cut through to the heart of the matter. This book is the best of Guy's writings to date, because it encompasses the entire pantheon of his vast resource of aphorisms and insights. Anyone on the path, or off it, must get this book, and read it!" — Michael Toms, CEO, New Dimensions Media, Author of *An Open Life : Joseph Campbell in Conversation with Michael Toms*

"Guy explains the difference between really living and just going through the motions, and urges us never to settle for less than the real thing. If where you are in life is not where you want to be, Guy will help you close the gap." — Dr. Arron Grow, Personal Best Radio

"A must-have book! Every page is filled with timeless wisdom presented in every day language that shows people, step by step, how to burst through the illusion of fear and be truly free." — Linda Mackenzie, C.H.T., Ph.D.(c), Founder, HealthyLife.Net-All Positive Talk & Music Radio

"*The Essential Laws of Fearless Living* illuminates what is possible for us to become in this time of shattering changes. It is a map to what I call 'Living Successfully.' It's not surprising to me that Guy Finley was the man to pass it along to us." — Bob Keeton, Host of *Living Successfully*

TWO DECADES OF MEDIA EXPERIENCE

Hundreds of Appearances on Local and National Radio/TV Programs Across America

Wisdom Channel, New Dimensions with Michael Toms, Coast-to-Coast with Art Bell, Entertainment Tonight, PBS, NPR, CNN, David Essel Alive, Talk Radio Network, USA Today, and Hundreds of other Talk Show Appearances including:

KOA - Denver, CO	WGR - Buffalo, NY	KMBC - Kansas City, MO	KABC - Los Angeles, CA	WAAM - Detroit, MI
KIDO - Boise, ID	WTNY - Watertown, NY	WVON - Chicago, IL	WRC - Silver Spring, MD	KMPC - LA, CA
WHIO - Dayton, OH	KDWN - Las Vegas, NV	WWKB - Buffalo, NY	WJON - St. Cloud, MN	WDZ - Decatur, IL
WLLH - Boston, MA	WWJ - Southfield, MI	KNST - Tucson, AZ	WTAX - Springfield, IL	WKEM - Dover, DE
WOKQ - Dover, NH	WCRM - Chicago, IL	WMHK - Columbia, SC	WICC - Bridgeport, CT	WBZ - Boston, MA
WERE - Cleveland, OH	WTOY - Madison, WI	WJCW - Johnson City, TN	WKBN - Youngstown, OH	KLOS - LA, CA
KFAX - Fremont, CA	WCEV - Chicago, IL	KDAL - Duluth, MN	KWAB - Boulder, CO	WLEA - Hornell, NY
WDLX - Greenville, SC	KOHO - Honolulu, HI	WJFK - Baltimore, MD	KSDO - San Diego, CA	KVEL - Vernal, UT
KTRY - Monroe, LA	WBUT - Pittsburgh, PA	KGAM - Palm Springs, CA	KSOO - Sioux Falls, SD	KVET - Austin, TX
WRVA - Richmond, VA	WAVG - Louisville, KY	WAPI - Birmingham, AL	KIEV - Pasadena, CA	WRRO - Warren, OH
WBKV - West Bend, IL	WNOX - Knoxville, TN	WNCI - Columbus, OH	WFBG - Altoona, PA	KPFK - LA, CA

MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org

**Ten Questions for Guy Finley about
*Being Fearless and Free***

1. People do seem to be particularly fearful these days, what with the economy, swine flu, food recalls, the environment. It seems that fear is the only response possible to these challenges. But is there in fact another possibility?
2. You say that the secret source of most fear and suffering is being spiritually “shortsighted.” What does that mean? What’s the big picture we’re missing?
3. You say that what we call fearful situations are actually opportunities. But let’s look at it practically. What does that mean to someone who just lost their job?
4. You say in your new album a fearless life is born in us once we understand that “What’s in our way is part of the Way.” Can you explain what that means, and how we can share in this new perspective?
5. Many people are afraid because they don’t think they can handle events. But you say we’re made for what happens to us. That idea is a comfort and a challenge at the same time. Could you elaborate?
6. Let’s say something happens that just turns our world upside-down and we’re immediately caught in the grip of fear. What can we do at that point?
7. It does seem strange that sometimes people would rather complain and hate their lives than get up and change things. Why do so many people seem to protect their pain instead of challenging it?
8. What does it mean when you say that “Resistance is negative attraction”?
9. Can you talk about the importance of reclaiming our attention?
10. Most of us do anything to avoid the things we fear. But you tell us to face what we fear. What’s the advantage in doing that?

MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org

Selected Excerpts from Guy Finley's Most Current Book Release *The Essential Laws of Fearless Living*

Let Go and Grow Beyond the Illusion of Limitation

“There is no brighter gift, no greater potential given to we human beings, than the presence of a timeless Light within us whose power makes all things possible. Its celestial character knows we have not been created to live as the captive of any fearful condition, let alone those we unconsciously create for ourselves. This ever quiet, always present Light goes before us at all times, as does the illumination of a lamp move ahead of the one who walks by the safety of its beams.”

Liberate Yourself from Self-Limiting Thoughts and Feelings

“As the light of higher self-knowledge dawns in us we are able to see - in ever-greater clarity - the formerly unseen parts of ourselves that have held us captive. It's a paradox of the true spiritual path, but the more conscious we become of what limits us, the more limitless our life becomes... *The only purpose discouraged feelings serve is to keep your thoughts on what you can't do. And with your attention fixed in this fashion - on what seems impossible - there's no room for discovering what is possible - for what you can do.*”

Go Beyond Thinking and Stop Sinking

“Too frequently we feel as though our lives are under the power of things outside of us and beyond our ability to deal with: prisoners in one way or another of an unfair social system, impossible work conditions, an unforgiving past, or a failed relationship. Even trying to assemble a build-it-yourself bookshelf that doesn't know it 'goes together with ease' can lock us away in the 'house of pain.'

“Whatever the antagonist, our response is pretty standard: we resist, struggling to get out from under what we see as standing over us. However, the fact of the matter is things are not as they seem. No event of itself has power; it is we who unconsciously color the moments of our lives with the unhappy quality of character we then turn around and lament for being there.

“Our experience of any passing event - for the pain or pleasure of it - is the product of how we see it. This principle is a timeless spiritual truth: the inner determines the outer, which simply means that our experience of life is one and the same with how we perceive it. So, as astonishing as it may seem at first, it's true: *the only power any unwanted moment holds over us is the power we give to it.*”

The Secret to Having Everything You Want

“Everyone wonders whether or not there is one Great Secret for truly successful living. There is. And it is not a secret. It has been quietly, steadily telling itself right in front of us all along. We just couldn't hear it over the clatter and chatter of our own secret demands. Listen quietly for a moment and you can hear it whispering, 'Want What Life Wants.' Locked within these four simple words is the secret of an uncompromising power for effortless living; a new kind of power that never fails to place you on the winning side of any situation. Why? Because when you want what Life wants, your wish is for Life itself.

MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org

Additional Titles by Guy Finley

Books

The Secret of Letting Go (Llewellyn Worldwide, 1990, revised 2007)
The Secret Way of Wonder (Llewellyn Worldwide, 1992)
Freedom From the Ties That Bind (Llewellyn Worldwide, 1994)
Design Your Destiny (Llewellyn Worldwide, 1995)
The Intimate Enemy (Llewellyn Worldwide, 1997)
Lost Secrets of Prayer (Llewellyn Worldwide, 1998)
Seekers Guide to Self-Freedom (Llewellyn Worldwide, 2002)
Apprentice of the Heart (White Cloud Press, 2004)
Let Go and Live in the Now (Red Wheel/Weiser/Conari Press, 2004)
365 Days to Let Go (White Cloud Press, 2007)
The Essential Laws of Fearless Living (Red Wheel/Weiser/Conari Press, 2008)

Audio Programs

Heart and Soul of Freedom (Life of Learning Foundation, 2001)
The Turning Point (Life of Learning Foundation, 2003)
Liberation of Consciousness (Life of Learning Foundation, 2004)
Education of the Soul (Life of Learning Foundation, 2004)
The Illusion of Limitation (Life of Learning Foundation, 2005)
Secrets of Being Unstoppable (Life of Learning Foundation, 2005)
The Meditative Life (Life of Learning Foundation, 2006)
Living Now (Life of Learning Foundation, 2006)
Seven Steps to Oneness (Life of Learning Foundation, 2006)
The Genesis of Love (Life of Learning Foundation, 2007)
Seven Powers (Life of Learning Foundation, 2008)

MEDIA CONTACT

Barbara Norby * 541 476-1200
barbara.norby@guyfinley.org